

ROLLER COASTER

DEALING BIBLICALLY WITH LIFE'S EMOTIONAL UPS AND DOWNS

From Envy to Contentment in God – Ahab and Naboth 1 Kings 21

May 31, 2026

Introduction:

- Air rage
- Envy – being sad about someone else's _____ or blessings and glad about someone else's _____ and troubles.
- Ahab's Envy
 - 1 Kings 16:33
 - 1 Kings 21:1-4
- Leviticus 25:23
- 1 Kings 21:5-11, 13b-14

I. The Characteristics of Envy

1. Envy is Directed toward those _____ to us, vv. 1-3
2. Envy is Desiring that which is out of _____, v. 4
3. Envy Destroys on multiple _____, vv. 5-11
 - Proverbs 14:30
 - Exodus 20:17

II. The Remedy for Envy

1. _____ in the moment.
2. Acknowledge envy as _____.
 - James 3:16
3. Adjust your _____.
 - Romans 12:15
4. Recognize God's _____.
5. Learn to be _____.
 - Philippians 4:11-13

Conclusion:

- Envy vs. Contentment