

ROLLER COASTER

DEALING BIBLICALLY WITH LIFE'S EMOTIONAL UPS AND DOWNS

From Shame to Healing – Anonymous Woman Luke 8:40-48

April 26, 2026

Introduction:

- “Wanna get away?”
- Genesis 2:25
- Luke 8:40-48

We Break the Power of Shame By . . .

- I. **Shifting from _____ to Christ, vv. 42-46**
 - No one can _____ her, no one will _____ her, she has no _____, and she’s excluded from practicing her faith.

- II. **Bringing _____ Things to Light, v. 47**
 - Luke 8:47
 - Shame thrives on _____
 - John 8:7
 - John 8:10b-11

- III. **Receiving _____ Over Self-Punishment, v. 48**
 - Luke 8:48
 - *To Receive Grace Over Self-Punishment*
 1. Substitute Lies for _____
 - Romans 8:1
 - Romans 10:11 NIV
 - Matthew 11:28

 2. Substitute Isolation for _____

Conclusion:

- Shame says vs. God says